

Grd IBD ACADEMY

September
26th and 27th,
2025
Hotel Mellain,
Tuzla







Dear colleagues,

It is our honor and pleasure to invite you to participate in the 3rd IBD Conference, which will be held on September 26th and 27th, 2025, in Tuzla, Bosnia and Herzegovina.

The "IBD Academy" program has been carefully designed to cover all key aspects of the modern approach to IBD patients, from diagnosis and therapy, through the role of the multidisciplinary team, to the consideration of comorbidities and psychosocial challenges in the long-term care of patients.

Some of the topics you can expect include:

- Differential diagnosis of IBD through clinical, endoscopic, and radiological guidelines
- The use and interpretation of fecal calprotectin and the role of pathology
- When and how to use ultrasound and endoscopy in disease monitoring
- Modern strategies for mild and moderate forms of Crohn's disease and ulcerative colitis
- The use of methotrexate, biological therapy, and monitoring therapeutic drug levels
- Severe clinical cases such as perianal disease, malignancies, and extraintestinal complications
- Controversial and innovative topics: cannabis in IBD, hyperbaric chamber, supplements, probiotics
- Psychosocial aspects of the disease: anxiety, depression, disability rights, nutrition

The program will include educational lectures, case presentations, and panel discussions with experts from across the region, and we will discuss topics such as TB, Clostridium difficile infection, thromboembolism, as well as diagnostic dilemmas in atypical disease presentations.

I believe that the conference program will be equally useful for experienced clinicians and those just starting their gastroenterology careers. Through open discussions, satellite symposia, and informal gatherings, our goal is to raise the quality of IBD patient care to a higher level throughout the region.

If you are interested in participating, more information about registration, accommodation, and the official program can be obtained through the technical organizer Freestyle d.o.o. Tuzla.

We look forward to your arrival and shared learning in Tuzla!

Sincerely,

Prof. dr Mirela Bašić Denjagić President of the Association of Gastroenterologists and Hepatologists in BiH President of the Organizing Committee

Mirela Book Dergon

SYMPOSIUM ORGANIZATION

Organizers:

Association of Gastroenterologists and Hepatologists in Bosnia and Herzegovina Department of Gastroenterology and Hepatology, Internal Medicine Clinic, JZU UKC Tuzla

President:

Prof. dr Mirela Bašić Denjagić

Organizing Committee:

Prof. dr Predrag Jovanović Prof. dr Ervin Alibegović dr Majda Mehmedović dr Selma Hodžić

Scientific Committee:

Prof. dr Ervin Alibegović
Prof. dr Milenko Bevanda
Prof. dr Rusmir Mesihović
Prof. dr Azra Husić
Prof. dr Nenad Vanis
Prof. dr Stevan Trbojević
Prof. dr Predrag Jovanović
Doc. dr Nadža Zubčević
Prof. dr Emil Babić
Doc. dr Amila Mehmedović
mr med. sci. Aida Pilav
dr Renata Tamburić
dr Tatjana Barać
dr Selma Hodžić

GENERAL INFORMATION

VENUE

Hotel Mellain, Tuzla Aleja Alije Izetbegovića 3 75 000 Tuzla Tel: +387 35 365 500 Web: www.mellainhotel.ba

REGISTRATION FEES

250.00 BAM for specialists 200.00 BAM for residents 150.00 BAM for nurses/medical technicians

*The above prices are subject to a VAT rate of 17%.

REGISTRATION

Please complete the online form, which will be published on the website www.kongres.ba or via email: info@kongres.ba and registracija@kongres.ba

ACCOMMODATION

HOTEL MELLAIN Aleja Alije Izetbegovića 3 75 000 Tuzla

HOTEL GRAND TUZLA ZAVNOBIH-a 13 75 000 Tuzla

HOTEL VERTIGOS Kulina Bana 2 75 000 Tuzla

TECHNICAL ORGANIZER

FREESTYLE d.o.o. Tuzla Maršala Tita 109 75 000 Tuzla, BiH Tel: +387 35 310 510 +387 35 310 511

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PROGRAM OF THE 3RD IBD ACADEMY

FRIDAY - September 26th 2025.

09:00 - 09:30 Opening Ceremony

09:30 - 11:00 Session No 1

Moderators: Bevanda M., Jovanović P., Mesihović R.

09:30 - 09:45

How do we differentiate IBD from other diseases? What are the key clinical, endoscopic and radiologic clues?

Babić E.

09:45 - 10:00

How should we use and interpret fecal calprotectin in patients with unclear symptoms and in those with known IBD?

Hodžić S.

10:00 - 10:15

When is the right time for follow-up endoscopy, should we take biopsies, and what are the challenges in endoscopic scoring?

Bišćanin A.

10:15 - 10:30

When should we use intestinal ultrasound for diagnosis, and when for disease monitoring?

Kralj D.

10:30 - 10:45

What is the role of histopathology in the diagnosis and long-term monitoring of IBD? Poljašević Rahmanović N.

10:45 - 11:00

Discussion

11:00 - 11:15

Industry-sponsored satellite symposium - Pontus Pharma

11:15 - 11:30

Industry-sponsored satellite symposium - Hemofarm

9 11:30 - 11:50

Coffee Break

11:50 - 13:20 Session No 2

🦊 Moderators: Kalaba A., Bišćanin A., Babić E.

11:50 - 12:05

How should we evaluate and treat mild Crohn's disease? Husić A.



12:05 - 12:20

How should we manage mild to moderate ulcerative colitis, and what is the optimal use of 5-ASA in IBD?

Tomašić V.

12:20 - 12:35

What are the most common functional gastrointestinal disorders in IBD patients, and how should we treat them?

Jovanović P.

12:35 - 12:50

How do we diagnose, treat and monitor Crohn's disease of the mid and proximal small bowel?

Sokić Milutinović A.

12:50 - 13:05

What is the first-line approach to diagnosing and treating perianal Crohn's disease? Smolović B.

13:05 - 13:20

Discussion

13:20 - 13:35

Industry-sponsored satellite symposium - Oktal Pharma

13:35 - 13:50

Industry-sponsored satellite symposium – Hercegovinalijek (Abbvie)

13:50 - 15:00

Lunch

4 15:00 - 16:15 Session No 3

Moderators: Vanis N., Alibegović E., Troskot R.

15:00 - 15:15

What preparations are necessary before starting biologic therapy, and why do they matter?

Zubčević N.

15:15 - 15:30

What are the risks of advanced therapies in IBD, and how do we effectively communicate them to patients without causing unnecessary fear?

Tamburić R.

15:30 - 15:45

Can biologics be reintroduced after a prolonged drug holiday or reused after primary loss of response?

Drobne D.

15:45 - 16:00

How can we manage steroid dependence in IBD, and what strategies help us minimize steroid exposure?

Karin M.

16:00 - 16:15

Discussion

100

Coffee Break

🥗 16:15 - 16:30

① 16:30 - 17:30 Panel Discussion No 1

Moderators: Bašić Denjagić M., Jovanović P.

Case Presentation - UKC Tuzla

Panel Topics:

- How do we approach latent or active tuberculosis in IBD patients?
- How should Clostridium difficile infection be managed in patients with IBD?
- What is the optimal approach to thromboembolism risk and treatment in IBD?
- 👤 Panelists: Bošnjić J., Porobić Jahić H., Tihić N., Rakovac-Tupković L.

SATURDAY - September 27th 2025

① 09:30 - 10:45 Session No 4

Moderators: Tarabar D., Tomašić V., Pilav A.

09:30 - 09:45

What is the role of probiotics, prebiotics and dietary supplements in IBD management? Mehmedović M.

09:45 - 10:00

Can cannabis help our patients with IBD? What should we tell them when they ask about it?

Milenković Z.

10:00 - 10:15

What are the potential benefits of hyperbaric oxygen therapy in refractory IBD patients? Barać T.

10:15 - 10:30

What does disease modification in IBD mean, and how can we "stop the clock"? Tarabar D.

10:30 - 10:45

How and when should proactive therapeutic drug monitoring be applied in IBD? What are the optimal cut-off values in various clinical scenarios?

Marković S.

10:45 - 10:55

Discussion

10:55 - 11:25

Industry sponsored satellite symposium - Takeda

9 11:25 - 11:45

Coffee Break

11:45 - 12:30 Panel Discussion 2

Moderators: Bašić Denjagić M., Jovanović P.

Case Presentations – UKC Tuzla

Panel Topics:

- How should we approach the risk of malignancy in IBD?
- What is the relationship between IBD and liver cancer?
- How should we manage skin cancers (malignant melanoma and non-malignant) in IBD patients?
- How should we approach colorectal cancer in IBD patients?
- ₽ Panelists: Memedović M., Mehmedović Z., Alidžanović Nurkanović L., Rakovac-Tupković L.
- ① 12:30 13:15 Panel Discussion 3
- Moderators: Bašić Denjagić M., Jovanović P.

Panel Topics:

- How should we screen IBD patients for depression and anxiety?
- Do IBD patients have the right to disability status, and how is it evaluated?
- What are the challenges in managing anxiety, depression, school absenteeism, and diet in the pediatric IBD population?
- What are the most commonly used supplements among IBD patients?
- ₹ Panelists: Softić R., Pranjić N., Selimović A., Šabanović M.
- **13:15 13:45 Panel Discussion 4**
- Moderators: Bašić Denjagić M., Jovanović P.
- 👨 🚼 Case Presentations UKC Tuzla

Panel Theme: "Blame it on IBD – or at least consider it!" Topics:

- When does nephrolithiasis become a complication or the first indicator of IBD?
- When is 5-ASA not the primary culprit in renal failure among IBD patients?
- When is an iliopsoas abscess best managed by a specialist other than an orthopedic surgeon?
- ₹ Panelists: Škoberne A., Alečković Halilović M., Rifatbegović Z.

13:45

Conclusion and Farewell Remarks

14:00 - 15:00

Lunch

<u>SATURDAY - September 27th 2025 - Parallel Program for Nurses</u>

09:30 - 11:25

Moderators: Mićić Š., Čarković S., Rakičević S.

09:30 - 09:45

What are the most common everyday challenges nurses face in the care of IBD patients? Rakičević S.

09:45 - 10:00

What does it mean to Live with IBD from a nursing perspective? Sošić T.

10:00 - 10:15

What causes fatigue in IBD patients, and how can we help them manage it? Jelisavac D.

10:15 - 10:30

What is the role of the nurse in supporting both patients and their families? Cviko M.

10:30 - 10:45

How should biologic therapy be used in patients with a history of malignancy? Isaković F.

10:45 - 11:00

What is the experience of IBD nurses with biologics and advanced therapies? Bošnjak M.

11:00 - 11:25

Discussion

9 11:25 - 11:45

Coffee Break